

HermanMiller  
Renew™ Sit-to-Stand Tables



Good for your body,  
your mind, and your work



**Renew Sit-to-Stand Tables**  
Designed by Brian Alexander

While your brain is busy solving problems and coming up with new ideas, the rest of your body is hard at work, too—pumping blood, keeping oxygen flowing, holding up your head, and signaling your brain when it wants to move. A common and advisable response is to switch postures between sitting and standing throughout the day. The right work tools can make this transition as natural and seamless as possible.

Supporting your body as you move is a concept we defined and designed into every one of our work chairs. Renew Sit-to-Stand Tables take healthful movement to a new level. By allowing you to seamlessly transition between seated and standing working postures, Renew can help you stay more active and healthier while you work. Frequently changing postures helps reduce the physical stresses that put you at risk for aches and pains so you can keep up a steady flow of energy and ideas.



A variety of privacy screens can be added to Renew to give people a sense of enclosure and ownership over their personal space when using the table in group settings.

## A Natural Part of Your Day

Renew works in all the same places you do. Use it in a private office, a home office, or collaborative spaces. Integrate it into systems furniture, in an open office environment, or use it on its own, with or without optional attachable privacy screens. It even works in a conference room, giving you the freedom to hold efficient stand-up meetings or stay fresh by making healthy movement a part of your agenda.

## Go Live

Renew is available with Live OS enhancements. With Live OS, you can respond to people's changing needs, empower them to work better, and activate your workplace strategy. Learn more at [hermanmiller.com/liveos](https://hermanmiller.com/liveos).



Renew keeps all electrical components concealed neatly below the surface. The softly angled corners are also easy on your knees.

The simple, intuitive control works exactly as you'd expect: Lift up to raise the table, press down to lower it.



Renew can become a centerpiece of settings designed to support team collaboration. Raising the table to standing height encourages participation in whiteboard exercises.

## Shaped Around the Way You Work

Every inch of Renew was thoughtfully considered from your point of view—and that of the person sitting or standing next to you. Its top-to-bottom human-centered design features softly angled corners to prevent bumps and bruises. With slim-profile legs mounted flush to the outside of the surface, you'll also find more room for knees under the table.

### About Brian Alexander

Brian Alexander describes himself as an observationalist. "I spend a lot of time getting to know the behaviors of everything," he says. He is so fascinated by people's behavior, in fact, that he's been compiling an owner's manual for humans since the late 1980s. He adds to the manual frequently—and draws upon it for every project he does. One example is the intuitive height-adjustment switch on Renew Sit-to-Stand Tables. After noting how people interacted with other switches, he designed a new control that encompasses our basic intuitions about direction.



Brian Alexander



A seamless wire management design routes the cords from all of your desktop tools into a high-density cable trough below the table, keeping them out of sight even when the table is raised. Power can even be passed through the base for a clean, streamlined aesthetic.

## Components

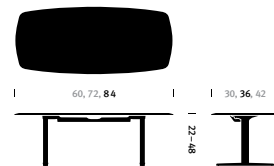
The variety of surface shapes available are sized to integrate with common workspace configurations.



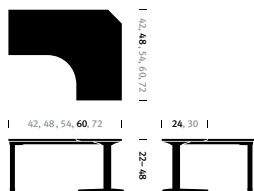
Rectangular Table with C-Foot



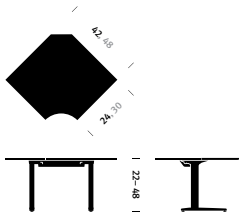
Rectangular Table with T-Foot



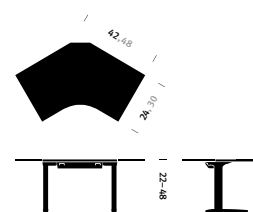
Oval Table with T-Foot



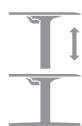
90° Extended Corner Table with C-Foot



90° Corner Table with C-Foot



120° Corner Table with C-Foot



### Mechanism

- Electric Standard (E)
- Electric Extended (D)
- Crank Sit-to-Stand (C)
- Crank Seated (K)
- Pneumatic Counterbalance

### Sit-to-Stand Height Range

- 27" to 46"
- 22" to 48"
- 27" to 46"
- 22" to 34"
- 27" to 46"



# Materials

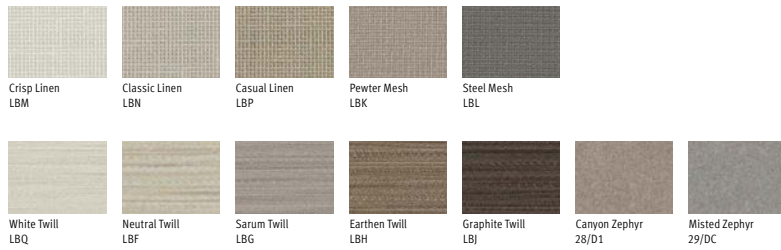
Visit [hermanmiller.com/materials](http://hermanmiller.com/materials) to see representational samples of our complete textile and materials offering.

## Renew Sit-to-Stand Tables

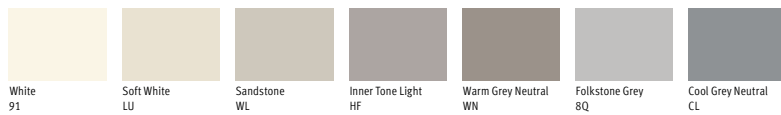
### Top Formcoat®



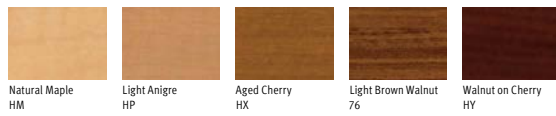
### Patterned Laminate



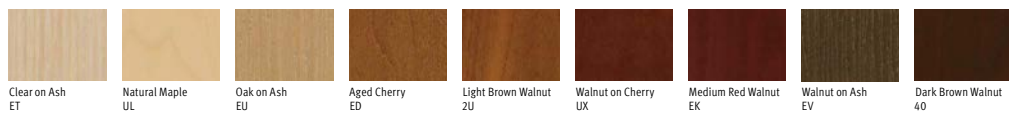
### Solid Laminate



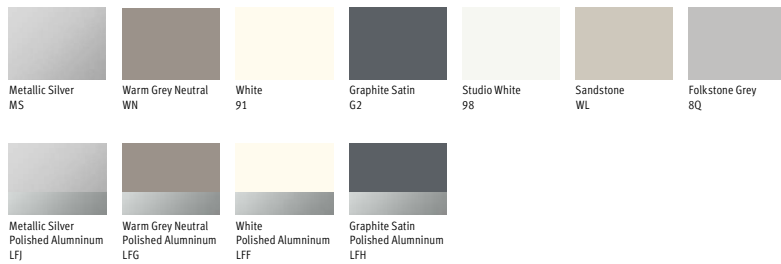
### Woodgrain Laminate



### Wood & Veneer



### Base Finish



**For more information, please visit [hermanmiller.com](http://hermanmiller.com) or call 888 443 4357.**

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